

SABRINA NOELLE SOLIS
19490 Elizabeth Dr., Valley Center, CA 92082
(760) 390-5015
snoso87@gmail.com

OBJECTIVE

Practice bodywork modalities such as Tui Na, Thailand Medical Massage, and Neuromuscular Therapy for dance injury prevention and rehabilitation at the Dance Therapy Clinic

SKILLS

- Treatment for increased recovery time from strains, sprains, and other injuries to soft tissue with techniques primarily from Tui-na and Neuromuscular Therapy
- Success increasing flexibility and range of motion for clients using Thailand Medical Massage, passive joint movement, and deep transverse friction
- Relief of pain, chronic or acute, by combining modalities such as Deep Tissue Sculpting and Circulatory massage

EDUCATION

International Professional School of Bodywork, San Diego, California 2009-2011

- Associate of Science, Holistic Health
- Certificate in Thailand Medical Massage

Palomar College, San Marcos, California 2005-2008

- Concentration: Dance/General Education

WORK EXPERIENCE

Personal Assistant to Nurse Practitioner Feb 2010 – Oct 2010

- Efficiently perform any tasks necessary; filing, organizing, household upkeep

NuEar, San Diego, California July 2008 – Feb 2010

Receptionist/Human Resources Assistant

- Warmly greet and properly direct clients in person and over the phone
- Assist HR manager with duties when she was away from the office

San Diego Music Studio, San Marcos, California Jan 2005 - June 2008

Customer Service/Band Instrument Instruction

- Assist customers with sales and music lesson schedules
- Instruct students of all ages in music—specifically band instruments

REFERENCES:

Work and education references available upon request