

## **Hector Daniel Dominguez**

6220 Loukelton Circle  
San Diego, CA 92120  
H.Dominguez@cox.net  
619-961-5476

---

### **Objective**

Provide SDSU Research Foundation employees with a service at the worksite, aimed to release stress while invigorating and re-energizing mind and body, increasing general wellbeing and productivity.

### **Professional Skills**

Client-centered assessment and appropriate treatment designed for each client based on a deep knowledge of human anatomy, physiology and body alignment.

Able to combine different massage techniques to design each session based on the needs of the client.

Allow better focus, clarity and productivity providing a short massage session intended to re-energize and re-oxygenate the body and mind.

Extend the benefits of the massage beyond the time limits of the session by instructing and guiding the employees in stretching and self-massage techniques.

### **Education**

#### **International Professional School of Bodywork (IPSB)**

- Massage Therapist – 600 hours – January 2009
- Holistic Health Practitioner – 1005 hours – June 2009

#### **CorePower Yoga**

- Yoga teacher training – 200 hrs – November 2008

#### **School of Psychology, National University of Cordoba, Argentina**

- PhD in Psychology – March 1996

### **Work experience**

- **UCSD De-Stress Fest Massage Mania.** Six hours of volunteer work during Finals Week held by University Centers Marketing to help UCSD students ease their way through finals. March 17, 2008.
- **Massage Therapy Center.** Forty hours of supervised practice working on the public with progressive less dependence on the instructors