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SDSU Research Foundation
5250 Campanile Drive
San Diego, California 92182-1945

Dear Debbie Brighton,

Since 1997, I have been part of the SDSU Research Foundation community, working in the research field in the Psychology Department. The main focus and concern guiding my research projects has always been the promotion of human health and well-being. Over the course of the last two years, my interest in health has taken a different path and I have initiated a new career in the field of massage therapy. My personal experience as well as the feeling transmitted by my co-workers in SDSURF is that such work environment can be both, extremely rewarding and considerably stressful due to the relevance and the responsibility involved in every step of the research process, from the administrative level to the practical execution of the experiments. I have also learned that this stress levels are experienced by most employees, regardless the area where their contribution comes from.

I am close to complete my Massage Therapist certification and I would like to offer my services to the SDSURF community. My proposal includes visiting your location once or twice a week and offer a short (15 or 30 minutes) massage session for interested employees. I would be working with a massage chair or a massage table depending on the space availability, but in either case, the techniques I will use do not require that clothing is removed and no oils are used. The purpose of this short massage session is to induce a relaxing and stress-free state where the employees can be content and more productive.

My personal experience in this institution and the recent training I have acquired in bodywork give me the tools to offer stress relief to you and your employees which will in turn contribute to the relaxed work environment we all want and deserve.

I will contact you within the next week to further discuss this offer and maybe setting a free demonstration to evaluate the interest among our work community. Please feel free to contact me for more information.

Thank you for your time.

Sincerely,

Hector Daniel Dominguez